

Certificate of Course Completion

Course: Rehabilitation of the Overhead Throwing Athlete

Student: Scott Sevinsky

Start Date: 05/09/17

Completion Date: 12/11/18

Learning Objectives and Goals:

Upon completion, the online learner will be able to:

- Demonstrate an understanding of the involved anatomy.
- Recognize the biomechanics of the overhead athlete and possible tissue injury.
- Establish proper ROM measurement techniques for glenohumeral rotational range of motion and be able to interpret these findings to outline a rehabilitation program
- Perform and interpret specific clinical examination tests & maneuvers appropriate for the overhead athlete.
- Outline a scientifically based rehabilitation protocol based on the athlete's presentation

Instructors:

Lenny Macrina, *MSPT, SCS, CSCS*



MedBridge:

Andrew Mickus, *Director of Course Development*
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Physical Therapist Licensed In Pennsylvania

Contact Hours: 2

License: Pt016979

State: Pennsylvania

Statement: Approval number: PTCE010306. This course is approved by the Pennsylvania Board of Physical Therapy for 2 continuing education credits (2 GEN, 0 DA). To be guaranteed credit, you must take the course within the approval period. The approval period for this course lasts from 01/01/2017 to 12/31/2018.

