

## Summary

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Licensed physical therapist with 6 years clinical experience providing outpatient rehabilitative services for children, adults and geriatric patient populations. Graduate of a CAPTE -approved Master of Science in Physical Therapy (MSPT) program. Credentials include McKenzie A & B certification, current BLS and CPR certifications. My treatment approach emphasizes evidenced-based interventions with careful attention to detail and patient-first care. I am an advocate for healthcare reform which seeks to improve patient access to medically necessary rehabilitative services. My treatment philosophy is grounded in recognizing and being sensitive to individualizing rehabilitation based upon patients' specific needs and circumstances.

## Objective

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Highly organized and motivated clinician seeking a full time position as a staff physical therapist in an orthopedics/sports medicine setting which will provide daily challenges, learning opportunities and continuing education benefits.

## Employment History

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2009 – present: **Staff Physical Therapist** – St. Luke's Physical Therapy – Center Valley & Wind Gap, PA  
Providing outpatient physical therapy using Re-Doc HER system for patient documentation and billing.

2007 – 2009: **Staff Physical Therapist** – OAA Orthopaedic Specialists Rehab & Sports Therapy, Allentown, PA  
Position required oversight, supervision and delegation skills for a team of two additional clinicians while managing a caseload of orthopedic, spine, sports-medicine, geriatric and worker's compensation patient populations. Additionally became proficient in the use of Intergy and Athena EHR systems for management of daily patient caseload, workflow and billing.

2006 – 2007: **Coordinator of Physical Therapy** – St. Luke's Sports & Rehabilitation, Mahanoy City, PA.  
Managed a hospital-based outpatient physical therapy clinic which provided outpatient rehabilitative services and supervised medical wellness. Duties included oversight of monthly budget reports, supply inventory and web-based time sheet submission for a four employee support staff. Assisted with the transition of clinic's physical relocation and consistently increased monthly revenue reaching highest monthly total in facility's history.

2004 – 2006: **Clinic Coordinator** – Physical Therapy Specialists, Hazleton, PA.  
Managed the daily operation of an outpatient private practice clinic in first two years of clinical practice. Successfully learned and implemented dictation based documentation for recording all patient related care. Additional duties included formulation of exercise prescriptions, direction of treatment programs, and modality administration for orthopedic, post-surgical, geriatric and worker's compensation patient populations.

1997 – 2004: **Physical Therapy Aide** – St. Luke's Miners Memorial Hospital, Coaldale, PA.  
Assisted rehabilitation staff including Physical Therapists and Physical Therapist Assistants, with supervision of patients during exercise sessions, secretarial duties including desktop publishing, scheduling of patient caseloads, maintenance and cleaning of patient treatment areas and exercise equipment.

Summer 2001: **Network Support Assistant** – Misericordia University, Dallas, PA.  
Worked independently and under direct supervision of the Campus Networking Department Supervisor with the support, maintenance and operation of Misericordia University's campus network. Provided phone or on site support to university students and staff for a campus of approximately 1,000 users. Position required knowledge of networking basics including: Ethernet protocols, wire scoping, deployment and basic maintenance of network switches and cables, network troubleshooting related to internet, e-mail, database and printer access.

1999 – 2000: **Computer Support Staff** – St. Luke's Miners Memorial Hospital, Coaldale, PA.  
Provided help-desk technical support for physical, occupational, and speech therapy departments. Position required efficient troubleshooting skills, assessment of users' needs, and a background knowledge of the operating systems, software applications, and desktop systems currently used in the medical profession. Tasks performed included: data transfer, desktop publishing, dial-up internet access configurations, software installation, hardware deployment, and troubleshooting.

## Computer Skills

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Excellent desktop publishing, HTML and code debugging skills which have positively contributed to improving paper and electronic based patient documentation in previous positions. Proficient in the following: basic photo editing and graphic design, Windows, Windows NT 4.0, & Macintosh OS 8 operating systems, Microsoft Office, Internet, file transfer protocol, e-mail access configurations and basic network troubleshooting.

## Memberships & Certification

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- McKenzie Part A & B Certifications: 2006.
- American Physical Therapy Association member (2002 – present).
  - Orthopedics & Sports Physical Therapy Sections member.
- Current BLS CPR Certification for Healthcare Providers.
- Alumnus Tau Kappa Epsilon International Fraternity.

## Interests

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- Clinical interests:
  - Scapular dyskinesis and its relation to shoulder pain.
  - Sacroiliac dysfunction.
  - Office & motor vehicle ergonomics.
- Information technology, web design, development and networking
- Music, poetry, genealogy, acoustic guitar, football, basketball, fishing, running and weight training.

## Continuing Education

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- 1/26/06 – 1/29/06 McKenzie Part A: Lumbar Spine. Harrisburg, PA.
- 12/1/06 – 12/3/06 McKenzie Part B: Cervical and Thoracic Spine. Harrisburg, PA.
- 1/25/09 “Sports Medicine Concerns in the Tri-athlete” Orefield, PA. OAA 6<sup>th</sup> Ann Sports Med. Symposium.
- 3/24/09 “Rehabilitation Following Arthroscopic Rotator Cuff Repair” – Michael M. Reinold, PT, DPT, ATC, CSCS
- 10/25/09 AOSSM: Tennis Elbow Eases With Eccentric-Twist-Of-Wrist Exercise" - Medpage Today Teaching Brief ®
- 10/26/09 AOSSM: Exercise Eases Patellofemoral Pain" - Medpage Today Teaching Brief ®
- 1/9/10 - 1/10/10 Graston Module 1 - Bethlehem, PA.

## Education

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- Misericordia University, Dallas, PA – **Master of Science Degree in Physical Therapy**, May 2004.
- Special Topics Courses: *Sports Physical Therapy, Advanced Manual Therapy, Wound Care.*
  - Peer Tutor – Applied Physiology, Analysis of Human Movement. (2001 – 2002 term)
  - Student Member: Academic Standards & Curriculum Planning Committees (2001 – 2004)
- Penn State University, Hazleton, PA – **Web Master Certificate**, 2000.
- Completed 114 hours of instruction (11.4 CEUs)
- Lebanon Valley College, Annville, PA – **Bachelor of Arts Degree in Psychology**, May 1999.
- Concentration in Experimental Psychology

## Professional References

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Available upon request.